

Need a break from the routine and dedicate some time to yourself? Head to the Algarve and enjoy of relaxing time, surrounded by sport and nature, in one of the best sports hotels in Portugal. The wellness package was created with your health and well-being in mind. Includes accommodation in All-Inclusive basis, Nutritional Assessment and Personalized Training Sessions.

2023				
PRICE PER PERSON IN 1-BEDROOM FLAT	JUNE AND SEPTEMBER	JULY TO AUGUST	OCTOBER	NOVEMBER TO DECEMBER
7 NIGHTS	€ 1175	€ 1350	€ 980	€ 940
14 NIGHTS	€ 2340	€ 2690	€ 1950	€ 1865

INCLUDED:

- Accommodation in all-inclusive basis;
- 7 sessions of 60 min of Personalized Training (per person);
- 7 Massages (per person);
- 1 consultation with a nutritionist.
- T-shirt:
- 1 Bottle of Water (daily);
- Late check out upon availability
- Upgrade to pool view upon availability;
- Daily fruit in the room
- Unrestricted access to the gymnasium and athletics track as well as all sports facilities.



SPORTS BROCHURE

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