



LAGO MONTARGIL

CONFERENCE & SPA

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MENU

# PANELA

RESTAURANTE | RESTAURANT



HOTELS & RESORTS



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## COUVER

**VARIEDADE DE PÃO, MANTEIGAS AROMATIZADAS, PATÉ DE AZEITONA E AZEITE BALSÂMICO** \_\_\_\_\_ 6,00 €

VARIETY OF BREAD, FLAVOURED BUTTERS, OLIVE PÂTÉ AND BALSAMIC OIL

## ENTRADAS | STARTERS

**TEXTURA DE COGUMELOS** \_\_\_\_\_ 12,00 €

MUSHROOMY TEXTURE

**TABUA DE ENTRADAS (PASTA DE FARINHEIRA, PASTA DE FÍGADO, AZEITONAS MARINADAS, \_\_\_\_\_ 18,00 €**

**COGUMELOS C/LINGUIÇA, COMPOTA, COALHADA CÍTRICA, MANTEIGAS COMPOSTAS, QUEIJO)**

BOARD OF STARTERS (FARINHEIRA PASTE, LIVER PASTE, MARINATED OLIVES, MUSHROOMS

WITH SAUSAGE, JAM, CITRUS CURD, COMPOUND BUTTERS, CHEESE)

**CROQUETE DE RABO DE BOI COM MAIONESE TRUFADA E PICKLE DE CEBOLA ROXA** \_\_\_\_\_ 8,00 €

OXTAIL CROQUETTE WITH TRUFFLED MAYONNAISE AND RED ONION PICKLE

**TIBORNA DE SARDINHA COM MOLHO DE PIMENTOS, TOUCINHO E CRUMBLE DE BROA DE MILHO** \_\_\_\_\_ 9,00 €

SARDINE TIBORNA WITH PEPPER SAUCE, BACON AND CORNBREAD CRUMBLE

**COELHO DE ESCABECHE** \_\_\_\_\_ 10,00 €

PICKLED RABBIT

**QUEIJO DE OVELHA ALENTEJANO GRATINADO COM AZEITE E ORÉGÃOS, TOSTAS E CHUTNEY DE PIMENTOS** \_ 11,00 €

ALENTEJO SHEEP'S CHEESE GRATIN WITH OLIVE OIL AND OREGANO, TOAST AND PEPPER CHUTNEY.

**TABUA DE QUEIJOS ALENTEJANOS** \_\_\_\_\_ 19,00 €

ALENTEJO CHEESE BOARD

**ERVILHAS COM ENCHIDOS E OVO ESCALFADO** \_\_\_\_\_ 9,00 €

PEAS WITH SAUSAGES AND BT EGG

**VIEIRAS COM TEXTURAS DE PERA, COMPOTA DE CHOURIÇO E OVO FRITO** \_\_\_\_\_ 15,00 €

SCALLOPS WITH PEAR TEXTURES, CHORIZO JAM AND FRIED EGG

**FOIE GRASS A DOIS TEMPOS** \_\_\_\_\_ 11,00 €

TWO - STROKE FOIE GRASS



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## SOPAS | SOUPS

**CREME DE FEIJÃO COM LASCAS DE BACALHAU CONFEITADO E PÃO FRITO** \_\_\_\_\_ 7,00 €

BEANS CREAMY SOUP WITH COD FISH AND FRIED BREAD

**CANJA DE POMBO BRAVO** \_\_\_\_\_ 9,50 €

WILD PIGEON SOUP

**SOPA DE CAÇÃO** \_\_\_\_\_ 8,00 €

DOGFISH SOUP

**SOPA DE CEBOLA COM SOUTO NISA E PÃO ALENTEJANO** \_\_\_\_\_ 6,00 €

ONION SOUP WITH NISA CHEESE AND ALENTEJO BREAD

**CREME DE LEGUMES** \_\_\_\_\_ 5,00 €

VEGETABLE CREAM SOUP



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## PEIXES E MARISCOS | FISH AND SHELLFISH

**POLVO COM PURÉ DE FEIJÃO BRANCO E PICO DE GALLO** \_\_\_\_\_ 20,00 €

OCTOPUS WITH WHITE BEAN PURÉE AND PICO DE GALLO

**BACALHAU COM CROSTA DE BROA DE MILHO, PACK CHOI SALTEADA** \_\_\_\_\_ 22,00 €

**E HUMMUS DE GRÃO COM COENTROS**

COD FISH WITH CORNBREAD CRUST, SAUTÉED PACK CHOI AND CHICKPEA HUMMUS WITH CORIANDER

**ARROZ MALANDRINHO DE TAMBORIL COM CAMARÃO** \_\_\_\_\_ 23,00 €

MONKFISH RICE WITH PRAWNS

**AÇORDA CAMARÃO E LAVAGANTE** \_\_\_\_\_ 29,00 €

PRAWN AND LOBSTER STEW

**CREMOSO DE TOMATE E FEIJÃO COM PETINGA FRITA** \_\_\_\_\_ 18,50 €

CREAMY TOMATO AND BEAN RICE WITH FRIED PETINGA FISH

**ROBALO CORADO COM LEGUMES DA HORTA SLATEADOS** \_\_\_\_\_ 23,00 €

SEA BASS WITH SAUTÉED VEGETABLES

**PREGADO COM MIGAS DE OVAS, LEGUMES DA ÉPOCA E GEL DE POEJO** \_\_\_\_\_ 21,00 €

TURBOT WITH ROE CRUMBS, SEASONAL VEGETABLES AND PENNYROYAL GEL



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## CARNE | MEAT

**BOCHECHA DE PORCO PRETO COM MIGAS DE ESPARGOS E FARINHEIRA** \_\_\_\_\_ 19,00 €

BLACK PORK CHEEK WITH ASPARAGUS AND FARINHEIRA SAUSAGE CRUMBS

**PERNA DE CABRITO COM XERÉM DE ENCHIDOS, SALADA DE AGRIÃO E LARANJA** \_\_\_\_\_ 22,00 €

LEG OF GOATLING WITH CORN PURE AND SAUSAGE, CRESS AND ORANGE SALAD

**ARROZ CALDOSO DE PERDIZ** \_\_\_\_\_ 25,00 €

PARTRIDGE RICE STEW

**BITOQUE À PANELA** \_\_\_\_\_ 20,00 €

FRIED STEAK WITH CHIPS AND FRIED EGG

**LOMBO DE NOVILHO COM PURÉ DE COUVE FLOR TRUFADO COGUMELOS E ALCACHOFRA** \_\_\_\_\_ 24,00 €

BEEF TENDERLOIN WITH MASHED CAULIFLOWER, TRUFFLED MUSHROOMS AND ARTICHOKE

**PICA PAU DE NOVILHO COM ARROZ E BATATA PALA** \_\_\_\_\_ 20,00 €

BEEF STICKS WITH RICE AND CHIPS

**MAGRET DE PATO COM PURÉ DE BATATA, TEXTURAS DE CENOURA E JUS DE LARANJA** \_\_\_\_\_ 22,00 €

DUCK MAGRET WITH MASHED POTATO, CARROT TEXTURES AND ORANGE JUS

**MOSAICO DE LOMBINHO DE JAVALI COM ALHEIRA DE CAÇA, \_\_\_\_\_ 25,00 €**

**BATATA ASSADA, PURÉ DE MAÇÃ E CHIMICHURRI**

MOSAIC OF WILD BOAR TENDERLOIN WITH ALHEIRA SAUSAGE, ROAST POTATOES, APPLE PURÉE AND CHIMICHURRI



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## VEGETARIANOS | VEGETARIANS

**RISOTO DE ABOBORA E SUAS TEXTURAS** \_\_\_\_\_ 17,00 €

PUMPKIN RISOTTO AND ITS TEXTURES

**RISOTO DE COGUMELOS TRUFADO** \_\_\_\_\_ 19,00 €

TRUFFLED MUSHROOM RISOTTO

**GNOCCHI COM TOMATE, FETA E PESTO** \_\_\_\_\_ 16,00 €

GNOCCHI WITH TOMATO, FETA AND PESTO

## KIDS

**HAMBÚRGUER COM OVO ESTRELADO, ARROZ E BATATA FRITA** \_\_\_\_\_ 12,50 €

HAMBURGER WITH FRIED EGG, RICE AND CHIPS

**SALMÃO COM PURÉ DE BATATA E LEGUMES** \_\_\_\_\_ 12,50 €

SALMON WITH MASHED POTATOES AND VEGETABLES

**TAGLIATELLI A BOLONHESA** \_\_\_\_\_ 12,50 €

TAGLIATELLI BOLOGNESE



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## SOBREMESAS | DESSERTS

<b>MIL FOLHAS DE PASTEL DE NATA COM GEL DE MOSCATEL</b>	7,80 €
CUSTARD TART WITH MOSCATEL WINE GEL	
<b>PUDIM DE PISTACHIO</b>	7,00 €
PISTACHIO PUDDING	
<b>TOUCINHO DO CÉU COM LEMON CURD</b>	9,50 €
TRADITIONAL PORTUGUESE DESSERT BY DONA LUCÍLIA PRATES	
<b>SERICAIA COM GELADO DE AMEIXA DE ELVAS</b>	8,00 €
SERICAIA WITH ELVAS PLUM ICE CREAM	
<b>PERA ASSADA EM VINHO S. SEBASTIÃO COM CREME DE QUEIJO E AREIA DE AMÊNDOA E CANELA</b>	7,50 €
ROASTED PEAR IN S. SEBASTIAN WINE WITH CREAM CHEESE AND ALMOND & CINNAMON SAND	
<b>MOUSSE DE CHOCOLATE NEGRO COM NOZES E CAMELO SALGADO</b>	8,00 €
DARK CHOCOLATE MOUSSE WITH WALNUTS AND SALTED CARAMEL	
<b>FRUTA DA ÉPOCA LAMINADA</b>	6,00 €
LAMINATED SEASONAL FRUIT	

TODOS OS PRATOS ESTÃO LIMITADOS AO STOCK EXISTENTE E SUJEITOS À DEMORA, POR SEREM COZINHADOS NO MOMENTO.

OS PRATOS PODEM CONTER MARISCO, GLÚTEN E ALERGÉNIOS, POR FAVOR, CONSULTE O FUNCIONÁRIO.

ALL DISHES ARE LIMITED TO EXISTING STOCK AND SUBJECT TO DELAY, AS THEY ARE COOKED TO ORDER.

DISHES MAY CONTAIN SHELLFISH, GLUTEN AND ALLERGENS, PLEASE CHECK WITH THE STAFF.

ESTE ESTABELECIMENTO POSSUI LIVRO DE RECLAMAÇÕES. NENHUM PRATO, PRODUTO ALIMENTAR OU BEBIDA,

INCLUINDO COUVERT, PODE SER COBRADO SE NÃO FOR SOLICITADO PELO CLIENTE.

THIS ESTABLISHMENT HAS A COMPLAINTS BOOK. NO DISH, FOOD PRODUCT OR DRINK,

INCLUDING COUVERT, CAN BE CHARGED FOR UNLESS REQUESTED BY THE CUSTOMER.

OS PREÇOS APRESENTADOS TÊM IVA INCLUÍDO À TAXA EM VIGOR.

THE PRICES SHOWN INCLUDE VAT AT THE CURRENT RATE.



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