



LAGO MONTARGIL
CONFERENCE & SPA
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MENU



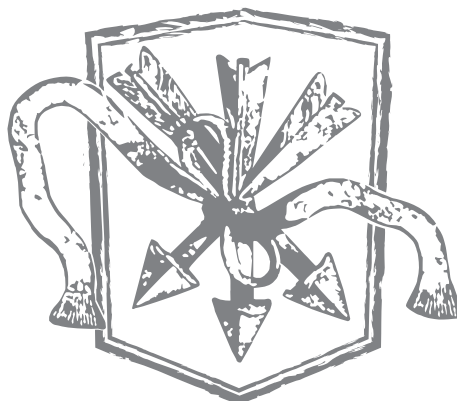
HOTELS & RESORTS



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MENU

PARA MAIS INFORMAÇÕES SOBRE OS INGREDIENTES E ALERGÊNIOS POR FAVOR, PERGUNTE AO NOSSO STAFF.
FOR MORE INFORMATION ON INGREDIENTS AND ALLERGENS, PLEASE ASK OUR STAFF.

TODOS OS PRATOS ESTÃO LIMITADOS AO STOCK EXISTENTE E SUJEITOS À DEMORA, POR SEREM COZINHADOS NO MOMENTO.

OS PRATOS PODEM CONTER MARISCO, GLÚTEN E ALERGÊNIOS, POR FAVOR, CONSULTE O FUNCIONÁRIO.

ALL DISHES ARE LIMITED TO EXISTING STOCK AND SUBJECT TO DELAY, AS THEY ARE COOKED TO ORDER.

DISHES MAY CONTAIN SHELLFISH, GLUTEN AND ALLERGENS, PLEASE CHECK WITH THE STAFF.

ESTE ESTABELECIMENTO POSSUI LIVRO DE RECLAMAÇÕES. NENHUM PRATO, PRODUTO ALIMENTAR OU BEBIDA,

INCLUINDO COUVERT, PODE SER COBRADO SE NÃO FOR SOLICITADO PELO CLIENTE.

THIS ESTABLISHMENT HAS A COMPLAINTS BOOK. NO DISH, FOOD PRODUCT OR DRINK,

INCLUDING COUVERT, CAN BE CHARGED FOR UNLESS REQUESTED BY THE CUSTOMER.

OS PREÇOS APRESENTADOS TÊM IVA INCLUÍDO À TAXA EM VIGOR.

THE PRICES SHOWN INCLUDE VAT AT THE CURRENT RATE.



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PARA PARTILHAR | TO SHARE

| | | | |
|---|---------|---|---|
| ASAS DE FRANGO BBQ | 6,00 € | ■ | ■ |
| BBQ CHICKEN ROASTS | | | |
| CROQUETES DE ALHEIRA COM MAIONESE DE HORTELÃ | 8,50 € | ■ | ■ |
| ALHEIRA CROQUETTES WITH MINT MAYONNAISE | | | |
| CAMARÃO À LÁ GUILLO COM BOLO DO CAGO E MANTEIGA DE ERVAS | 12,50 € | ■ | ■ |
| PRAWNS A LA GUILLO WITH BOLO DO CAGO AND HERB BUTTER | | | |
| OVOS ROTOS DE TOMATADA | 10,00 € | ■ | ■ |
| ROTOS TOMATO EGGS | | | |

SOPAS | SOUPS

| | | | |
|-------------------------------|--------|---|---|
| CREME DE LEGUMES | 6,50 € | ■ | ■ |
| VEGETABLE CREAM SOUP | | | |
| SOPA DO DIA | 6,50 € | ■ | ■ |
| SOUP OF THE DAY | | | |

SALADAS | SALADS

| | | | |
|--|---------|---|---|
| SALADA DE FRANGO CHICKEN SALAD | 11,50 € | ■ | ■ |
| PEITO DE FRANGO, BACON, ICE BERG, TOMATE SECO, CEBOLA CROCANTE, LASCAS DE PARMESÃO, CROUTONS, MOLHO CAESER CHICKEN BREAST, BACON, ICE BERG, SUNDRIED TOMATOES, CRISPY ONIONS, PARMESAN SHAVINGS, CROUTONS, CAESER SAUCE | | | |
| SALADA DE SALMÃO FUMADO SMOKED SALMON SALAD | 12,50 € | ■ | ■ |
| SALMÃO FUMADO, QUINOA, ALFACE, TOMATE CHERRY, ABACAXI, PEPINO, COENTROS, MOLHO BALSÂMICO E FRUTOS SECOS SMOKED SALMON, QUINOA, LETTUCE, CHERRY TOMATOES, PINEAPPLE, CUCUMBER, CORIANDER, BALSAMIC DRESSING AND NUTS | | | |
| SALADA CAPRESE CAPRESE SALAD | 12,00 € | ■ | ■ |
| MOZZARELLA, TOMATE CHERRY, RÚCULA, ABACATE, PESTO E FRUTOS SECOS MOZZARELLA, CHERRY TOMATOES, ARUGULA, AVOCADO, PESTO AND NUTS | | | |
| SALADA DE ATUM TUNA SALAD | 12,50 € | ■ | ■ |
| TATAKY DE ATUM, ALFACE, TOMATE CHERRY, MANGA, PEPINO, CEBOLA CROCANTE, SEMENTES DE SESAMO, MOLHO TERIAKY TUNA TATAKY, LETTUCE, CHERRY TOMATOES, MANGO, CUCUMBER, CRISPY ONION, SESAME SEEDS, TERIAKY SAUCE | | | |



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OMELETES | OMELETTES

| | | |
|---|---------|-----|
| OMELETE SIMPLES | 8,50 € | ■ ■ |
| PLAIN OMELETTE | | |
| OMELETE MISTA (QUEIJO E FIAMBRE) | 9,50€ | ■ ■ |
| MIXED OMELETTE (HAM AND CHEESE) | | |
| OMELETE DE CAMARÃO | 12,00 € | ■ ■ |
| SHRIMP OMELETTE | | |

MASSAS | PASTA

| | | |
|--|---------|-----|
| ESPARGUETE CARBONARA | 12,00 € | ■ ■ |
| SPAGHETTI CARBONARA | | |
| ESPARGUETE BOLONHESA | 13,00 € | ■ ■ |
| SPAGHETTI BOLOGNESE | | |
| FUSSILI COM MOLHO DE TOMATE E TOMATE CHERRY | 10,50 € | ■ ■ |
| FUSSILI WITH TOMATO SAUCE AND CHERRY TOMATOES | | |

PRATOS QUENTES | HOT DISHES

| | | |
|---|---------|-----|
| BRAZ DE COGUMELoS | 13,00 € | ■ ■ |
| MUSHROOM BRAZ | | |
| BITOQUE DA VAZIA ARROZ E BATATA FRITA | 17,00 € | ■ |
| TRADITIONAL PORTUGUESE "BITOQUE" BEEF STEAK WITH RICE AND CHIPS | | |
| BIFE GRELHADO VACA ARROZ E BATATA FRITA & MOLHO À ESCOLHA | 18,00 € | ■ ■ |
| GRILLED STEAK BEEF RICE AND CHIPS & A CHOICE OF SAUCE Molho pimenta, molho mostarde & mel e molho cogumelos Ohilli sauce, mustard & honey sauce and mushroom sauce | | |
| BIFE GRELHADO FRANGO ARROZ E BATATA FRITA | 15,00 € | ■ ■ |
| GRILLED STEAK CHICKEN RICE AND CHIPS | | |
| ROBALO GRELHADO BATATA COZIDA E LEGUMES | 18,00 € | ■ ■ |
| GRILLED SEA BASS WITH BOILED POTATOES AND VEGETABLES | | |
| POLVO À LAGAREIRO COM BATATA A MURRO E ESPINAFRES SALTEADOS | 20,00 € | ■ |
| ROAST "LAGAREIRO OCTOPUS" WITH ROAST POTATOES AND SAUTÉED SPINACH | | |
| BACALHAU Á BRAZ | 15,00 € | ■ ■ |
| CODFISH Á BRAZ | | |



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HAMBÚRGUERES

| | | |
|--|---------|-----|
| HAMBÚRGUER SIMPLES PLAIN BURGERS | 11,50 € | ■ ■ |
| BRIOCHE, NOVILHO, TOMATE, ALFACE BRIOCHE, VEAL, TOMATO, LETTUCE | | |
| CHEESE BURGER | 12,50 € | ■ ■ |
| BRIOCHE, NOVILHO, TOMATE, ALFACE, CHEDDAR, MOLHO BBQ BRIOCHE, VEAL, TOMATO, LETTUCE, CHEDDAR, BBQ SAUCE | | |
| HAMBÚRGUER AP AP BURGER | 14,00 € | ■ |
| BRIOCHE, NOVILHO, TOMATE, NISA, BACON, COGUMELOS, MOLHO LOBBY BRIOCHE, VEAL, TOMATO, NISA CHEESE, BACON, MUSHROOMS, LOBBY SAUCE | | |

SANDES | SANDWICHES

| | | |
|--|---------|-----|
| TORRADA | 4,00 € | ■ ■ |
| TOAST | | |
| TOSTA MISTA | 9,00 € | ■ ■ |
| MIXED TOAST | | |
| WRAP DE FRANGO CHICKEN WRAP | 11,00 € | ■ ■ |
| TORTILHA, BANDIDOS, BACON, ALFACE, TOMATE CUBOS, CEBOLA ROXA CUBOS, MAIONESE DE ALHO, MOLHO CHEDDAR TORTILLA, BANDITOS, BACON, LETTUCE, DICED TOMATO, DICED RED ONION, GARLIC MAYONNAISE, CHEDDAR SAUCE | | |
| WRAP VEGETARIANO VEGETARIAN WRAP | 11,00 € | ■ ■ |
| TORTILHA, ABACATE, ALFACE, MAÇA GRANNY, PEPINO, CEBOLA ROXA, CENOURA RALADA, MOLHO DE IOGURTE TORTILLA, AVOCADO, LETTUCE, GRANNY SMITH APPLE, CUCUMBER, RED ONION, GRATED CARROT, YOGHURT SAUCE | | |
| BAGLE DE SALMÃO FUMADO SMOKED SALMON BAGEL | 12,00 € | ■ ■ |
| BAGLE TINTA DE CHOCO, QUEIJO CREME, CEBOLINHO, ABACATE ALFACE, SALMÃO FUMADO CUTTLEFISH INK BAGEL, CREAM CHEESE, CHIVES, AVOCADO LETTUCE, SMOKED SALMON | | |
| SANDUICHE CLUB | 13,50 € | ■ ■ |
| PÃO DE FORMA, GUACAMOLE, ALFACE JULIANA, PEITO DE FRANGO DESFIADO, TOMATE, BACON, PICKLE DE CEBOLA ROXA, OVO COZIDO, CORNICHON EM CIMA. FLATBREAD, GUACAMOLE, JULIENNE LETTUCE, SHREDDED CHICKEN BREAST, TOMATO, BACON, RED ONION PICKLE, HARD-BOILED EGG, CORNICHONS ON TOP | | |
| PREGO DE NOVILHO | 13,50 € | ■ ■ |
| CHAPATA, PREGO, MONTE DA VINHA, CEBOLA ROXA CARAMELIZADA, MOSTARDA COM MEL CHAPATA, STEAK, MONTE DA VINHA, CARAMELISED RED ONION, HONEY MUSTARD | | |



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SUPLEMENTOS | SUPPLEMENTS

| | |
|---|--------|
| BOLO DO CACO COM MANTEIGA DE ERVAS | 3,50 € |
| BOLO DO CACO WITH HERB BUTTER | |
| OVO ESTRELADO | 1,50 € |
| FRIED EGG | |
| ARROZ BASMATI BASMATI RICE | 3,50 € |
| LEGUMES SALTEADOS SAUTÉED VEGETABLES | 3,50 € |
| SALADA MISTA MIXED SALAD -..... | 3,50 € |
| BACON | 0,50 € |
| COGUMELOS MUSHROOMS | 0,50 € |
| BATATA FRITA FRENCH FRIES | 1,50 € |

KIDS

| | | | |
|--|---------|--------------------------|--------------------------|
| HAMBÚRGUER NO PRATO COM OVO, ARROZ E BATATA FRITA | 12,00 € | <input type="checkbox"/> | <input type="checkbox"/> |
| HAMBURGER ON A PLATE WITH EGG, RICE AND CHIPS | | | |
| PANADO DE PEIXE COM ARROZ E BATATA FRITA | 9,00 € | <input type="checkbox"/> | <input type="checkbox"/> |
| PAN-FRIED FISH WITH RICE AND CHIPS | | | |
| CORDON BLEU COM ARROZ E BATATA FRITA | 9,00 € | <input type="checkbox"/> | <input type="checkbox"/> |
| CORDON BLEU WITH RICE AND CHIPS | | | |

SOBREMESAS | DESSERTS

| | | | |
|--|--------|--------------------------|--------------------------|
| MOUSSE DE CHOCOLATE | 5,00 € | <input type="checkbox"/> | <input type="checkbox"/> |
| CHOCOLATE MOUSSE | | | |
| BABA DE CAMELO COM CRUMBLE DE AMENDOIM | 5,00 € | <input type="checkbox"/> | <input type="checkbox"/> |
| TRADITIONAL PORTUGUESE SWEETS "CAMEL BABA" WITH PEANUT CRUMBLE | | | |
| BROWNIE DE CHOCOLATE E NOZES COM GELADO DE BAUNILHA | 6,50 € | <input type="checkbox"/> | <input type="checkbox"/> |
| CHOCOLATE AND WALNUT BROWNIE WITH VANILLA ICE CREAM | | | |
| SALADA DE FRUTA | 4,00 € | <input type="checkbox"/> | <input type="checkbox"/> |
| FRUIT SALAD | | | |
| GELADO (BAUNILHA, CHOCOLATE, MORANGO, LIMÃO) | 4,50 € | <input type="checkbox"/> | <input type="checkbox"/> |
| ICE CREAM (VANILLA, CHOCOLATE, STRAWBERRY, LEMON) | | | |



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