



LAGO MONTARGIL
CONFERENCE & SPA
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MENU



HOTELS & RESORTS



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MENU

PARA MAIS INFORMAÇÕES SOBRE OS INGREDIENTES E ALERGÊNIOS POR FAVOR, PERGUNTE AO NOSSO STAFF.
FOR MORE INFORMATION ON INGREDIENTS AND ALLERGENS, PLEASE ASK OUR STAFF.

TODOS OS PRATOS ESTÃO LIMITADOS AO STOCK EXISTENTE E SUJEITOS À DEMORA, POR SEREM COZINHADOS NO MOMENTO.

OS PRATOS PODEM CONTER MARISCO, GLÚTEN E ALERGÊNIOS, POR FAVOR, CONSULTE O FUNCIONÁRIO.

ALL DISHES ARE LIMITED TO EXISTING STOCK AND SUBJECT TO DELAY, AS THEY ARE COOKED TO ORDER.

DISHES MAY CONTAIN SHELLFISH, GLUTEN AND ALLERGENS, PLEASE CHECK WITH THE STAFF.

ESTE ESTABELECIMENTO POSSUI LIVRO DE RECLAMAÇÕES. NENHUM PRATO, PRODUTO ALIMENTAR OU BEBIDA,

INCLUINDO COUVERT, PODE SER COBRADO SE NÃO FOR SOLICITADO PELO CLIENTE.

THIS ESTABLISHMENT HAS A COMPLAINTS BOOK. NO DISH, FOOD PRODUCT OR DRINK,

INCLUDING COUVERT, CAN BE CHARGED FOR UNLESS REQUESTED BY THE CUSTOMER.

OS PREÇOS APRESENTADOS TÊM IVA INCLUÍDO À TAXA EM VIGOR.

THE PRICES SHOWN INCLUDE VAT AT THE CURRENT RATE.



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PARA PARTILHAR | TO SHARE

VARIEDADE DE PÃO, MANTEIGAS AROMATIZADAS, AZEITONAS MARINADAS E AZEITE BALSÂMICO 7,00 €
VARIETY OF BREAD, FLAVOURED BUTTERS, MARINATED AZEITONES AND BALSAMIC OLIVE OIL



ASINHAS DE FRANGO COM MOLHO BBQ 12,00 €
CHICKEN WINGS WITH BBQ SAUCE



OVOS ROTOS 11,00 €
FRIED EGGS WITH FRENCH FRIES MIX WITH SMOKED HAM



TÁBUA DE QUEIJO E ENCHIDOS (2 PESSOAS) 14,00 €
Queijo, Paio de porco, Presunto, Crackers
CHEESE AND CURED MEATS BOARD (FOR 2 PEOPLE)
Cheese, Pork Sausage, Ham, Crackers



SOPAS | SOUPS

CREME DE LEGUMES - VEGAN 6,00 €
VEGETABLE CREAM SOUP



GASPACHO SOPA FRIA DE VEGETAIS TRITURADOS 8,00 €
GAZPACHO (COLD SOUP MADE OF RAW BLENDED VEGETABLES)



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SALADAS | SALAD

SALADA MISTA COM ALFACE TOMATE, PEPINO, PIMENTO, CENOURA E MOLHO VINAGRETE 9,00 €
MIX SALAD WITH LETTUCE, TOMATO, CUCUMBER, BELLPEPER, CARROT AND VINAIGRETTE SAUCE



SALADA TOMATE CHERRY E MOLHO PESTO VEGETARIANO . VEGETARIAN 14,00 €
MOZZARELLA CHERRY TOMATO AND PESTO SAUCE



TATAKI DE ATUM COM MOLHO TERIYAKI, WAKAME E MANGA 18,00 €
TUNA TATAKI WITH TERIYAKI SAUCE, WAKAME SEAWEED, AND MANGO.



SALADA CÉSAR COM FRANGO 16,00 €
CAESAR SALAD WITH CHICKEN



PIZZAS & MASSAS | PIZZA & PASTA

PIZZA MARGHERITA 16,00 €
MARGHERITA PIZZA



PIZZA DE FRANGO COM COGUMELOS 17,00 €
CHICKEN AND MUSHROOM PIZZA



PIZZA COGUMELOS E LEGUMES - VEGETARIANO . VEGETARIAN 15,00 €
MUSHROOM AND VEGETABLE PIZZA



MASSA CARBONARA 16,00 €
SPAGHETTI CARBONARA



PENNE NAPOLITANA - VEGAN 11,00 €
PENNE NAPOLITANA



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HAMBÚRGUER | HAMBUGUER

HAMBÚRGUER DE FEIJÃO VERMELHO - VEGAN 15,00 €

RED BEAN BREAD BURGER

flocos de aveia, salsa, cebola roxa, cominhos, paprika, caril
oats, parsley, red onion, cumin, paprika, and curry powder



HAMBÚRGUER SIMPLES 15,00 €

HAMBURGUER

Brioche, Novilho, Tomate e Alface
Brioche, Veal, Tomato and Lettuce



HAMBÚRGUER AP 19,00 €

HOUSE SPECIAL AP HAMBURGUER

Brioche, Novilho, Tomate, Nisa, Bacon, Cogumelos, Molho BBQ e Mayonese
Brioche, Veal, Tomato, Nisa Cheese, Bacon, Mushrooms, bbq sauce and mayonese



CHEESEBURGER COM MOLHO CHEDDAR 17,00 €

CHEESEBURGER WITH CHEDDAR SAUCE



PREGO BOLO DO CACO 17,00 €

BEEF STAEK ON THE BREAD IN TRADICIONAL BREAD "BOLO DO CACO"

cebola caramelizada, queijo da serra e molho de mostarda e mel
Caramelized onion, Serra da Estrela cheese, and honey mustard sauce



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PRATOS QUENTES | HOT DISHES

BRÁS DE COGUMELOS - VEGETARIANO . VEGETARIAN 18,00 €
MUSHROOM BRÁS STYLE



CARIL DE LEGUMES COM ARROZ BASMATI - VEGAN 15,00 €
VEGETABLE CURRY WITH BASMATI RICE



OMELETE SIMPLES 9,00 €
PLAIN OMELETTE



OMELETE MISTA 10,00 €
HAM AND CHEESE OMELETTE



BRÁS DE BACALHAU 18,00 €
COD FISH BRÁS STYLE



BITOQUE DE FRANGO COM ARROZ, SALADA E BATATA FRITA 19,00 €
CHICKEN STEAK WITH RICE, FRENCH FRIES AND MIX SALAD



BITOQUE DE VACA (VAZIA DO URUGUAI) COM OVO ARROZ E BATATA FRITA 24,00 €
BEEF STEAK EGG, RICE AND FRENCH FRIES



BIFE GRELHADO DE VACA COM ARROZ E BATATA FRITA & MOLHO À ESCOLHA 22,00 €
GRILLED STEAK BEEF RICE AND CHIPS & A CHOICE OF SAUCE
MOLHO PIMENTA, MOLHO MOSTARDE & MEL E MOLHO COGUMELOS
PEPPER SAUCE, MUSTARD & HONEY SAUCE AND MUSHROOM SAUCE



BIFE GRELHADO FRANGO ARROZ E BATATA FRITA 18,00 €
GRILLED STEAK CHICKEN RICE AND CHIPS



ROBALO GRELHADO BATATA COZIDA E LEGUMES 23,00 €
GRILLED SEA BASS WITH BOILED POTATOES AND VEGETABLES



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KIDS

ESPARGUETE A BOLONHESA 14,00 €

SPAGHETTI BOLOGNESE



HAMBÚRGUER NO PRATO COM OVO, ARROZ E BATATA FRITA 16,00 €

HAMBURGER ON A PLATE WITH EGG, RICE, MIX SALAD AND FRENCH FREIS



SOBREMESAS | DESSERTS

FLORESTA NEGRA (FATIA DE BOLO) 7,00 €

BLACK FOREST CAKE (CAKE SLICE)



MOUSE DE CHOCOLATE 9,50 €

CHOCOLATE MOUSSE



TOUCINHO DO CÉU (FATIA DE BOLO) 10,00 €

TRADITIONAL PORTUGUESE DESERT "ALMOND PIE"



BABA DE CAMELO 9,00 €

"BABA DE CAMELO" IS A TRADICIONAL PORTUGUESE DESSERT MADE WITH CONDENSED MILK, EGGS AND ALMOND



FRUTA LAMINADA 7,00 €

SLICED FRUIT



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LISTA DE INGREDIENTES ALERGÉNICOS

LIST OF FOOD ALLERGENS



contém glúten
contains gluten



contém crustáceos
contains crustacean



contém molusco
contains molluscs



contém peixe
contains fish



contém leite
contains milk



contém frutos de casca rija
contains nuts



contém alho
contains garlic



contém amendoins
contains peanuts



contém aipo
contains celery



contém mostarda
contains mustard



contém sulfitos
contains sulfite



contém tremçoços
contains lupins



contém ovo
contains eggs



contém soja
contains soy



contém sésamo
contains sesame



vegetariano
vegetarian

NATURALMENTE DISTINTOS
NATURALLY UNIQUE